

BASIC ALTAR CRAFTING for the WITCH WITHIN

Hello love!

My name is Wyld Lee, and I have been a practicing Seer and Witch for over 26 years in this particular body (and many more lives prior!). What I offer here is a tiny taste of my personal flavour of magic making...may these ideas INspire you to create deeper connections in your life and in the Dream Weave around you + may these connections be for the greatest healing for you + for all Beings. That is my prayer!

For myself, the Altar is a mainstay for bringing any sort of magic into your life. The beauty of the Altar is in the creativity + possibility it brings into your body and space. You can even have more than one! You can have a personal Altar, a work Altar, a family Altar, an Ancestor Altar...the point of an Altar is to have a clear focus & intentional field created in a particular point of space & time to invite in a specific energy that you crave in your life. It's quite simple & quantum simultaneously!

In this PDF, we will be exploring some very basic Altar design concepts. For a deeper understanding of Altar Work, I offer a more in depth course for your mystical education! If you are curious, please email me at wyldleetarot@gmail.com for further information.

But for now...the basics... here are three sample ways to play with crafting an altar!





PLACE

There's no "right" or "wrong" answer! We search here for Resonance...what does each Direction hold for YOU as the Altar Creatrix? It is important in Altar Work that we design meaning to these places so our subconscious can derive the power of creating + interacting with the Altar.

Sample way of honoring the Directions:

East - Air - Yellow - Citrine

South - Fire - Red - Carnelian

West - Water - Blue - Lapis Lazuli

North - Earth - Black - Smokey Quartz

Above - Ether - Amethyst

Below - Underworld - Clear Quartz

Within + Connection to Higher Self are Directions that reside within you! You might represent these by keeping a magical diary on your Altar and making daily journaling part of your practice. Write entries both from your current perspective + then from Higher Self perspective. This can be such an illuminating practice!

In this Altar, you might choose to honor all the Directions by placing a crystal or object that represents each Direction on your Altar. This can be a delightful basic Altar to help ground + connect you to the land upon which you live. I invite you to sit with the land + begin to have conversation with Her. Perhaps source some of your items from within your closest landscape. Ask for permission to use these items + leave an offering of food, incense or hair to show energetic reciprocity. This Altar is a potent way to begin reorienting ourselves back into relationship + energetic reciprocity with Gaia, our planetary mother. Take care to honor the land as you craft this Altar + allow this to become a prayer for Her continued health + healing as well as your own.

As you build the Altar, begin by placing the East object (ideally on an area of the Altar that is most East facing) + invite in the energy of this Direction verbally. Write an invitation that feels really juicy for YOU or use the sample below.

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One way of holding an Altar is through the Directions. East, South, West, North, Above, Below, Within + Connection to Higher Self. It is through the understanding of these planes that we first begin to recognize ourselves in relation to the Altar space as well as the Universe around us. Each of these Directions holds both the physical plane of reality (as in East is literally the direction of East) and yet holds even more meaning (East can also hold the element Air, Citrine, intuition, the color gold, the medicine of Eagle - these deeper meanings may shift based on your culture and the land upon which you stand.)



“I welcome in the direction of the East. Thank you for gracing my Altar + my space with your healing presence. Please guide + support me with your unique medicine. May only those energies that have my best + highest held as pure intention enter here. And so it is.”

Repeat this action for every Direction, inviting in the supportive energy of each. Make sure your wording is very clean. Magic is incredibly powerful + when we craft Altars, we are essentially creating energy portals that invite or repel certain frequencies into our sphere. ALWAYS make sure your languaging is only inviting in what is for your best, your highest, + only the well + whole spirits. I have known many who carelessly made a portal for unwholesome energies to dawdle in their daily lives. Save yourself the irritation + discomfort! Altar work is an excellent way to begin using + declaring firm boundaries.

This a beautiful basic Altar that give good practice in honoring our planet, ourselves + all Beings seen + unseen while practicing boundary work.





Polarity

Another fun Altar to craft is one intending to alchemize the polarities of being human. You may think in terms of masculine/feminine or yin/yang or receptive/projective. I personally really jive with the language electric/magnetic. Whatever words you use, this is an Altar dedicated to honoring both + learning to integrate them equally into your life, psyche + hOMe. This is an important opening in the mind...it allows us to live in nuance without being so rigid in the ways we think about life while softening the boxes in which we mentally place ourselves + others.



The Electric polarity holds what our culture sees as masculine. This expression represents the ideas of linear, time, production, competition, expansion. The elements associated are Fire + Air. Some items might be a Shiva Lingam stone, a pine cone, a sharp stick, a knife, pyramid, a wand, a candlestick. The planets associated might be the Sun, Mars + Saturn. You might be attracted to using a deity (God) that speaks to you.

The Magnetic polarity holds what we might name as feminine. This energetic expression entails the ideas of spiral, circular, ebb + flow, rest, cooperation, contraction. The elements associated are Water + Earth. Some items to explore might include a cup or chalice, a conch shell, nautilus, egg shaped stones, bowls of water or soil or empty space. You might choose to honor the Moon, Venus or Lilith. "Perhaps a Goddess calls as an archetype that wishes to be honored."

In crafting this Altar, we invite more balance into our daily lives. Honor these polarities with offerings of food or incense or just your attention + adoration!

Alternatively, if you are feeling a lack of one polarity or a resistance to one... you can craft an Altar just for that particular pole. Working deeply with an energy that is uncomfortable to us is an excellent way to support our personal growth in really concrete daily ways.





Elemental

A truly lovely Altar can be crafted by tuning in to the elements themselves. Earth, Air, Fire, Water, Ether. You can craft an Element Altar dedicated to all of them by choosing an item representing each. Or alternatively, choose one Element you wish to have more of in your sphere.

For myself, I relate to the elements in this way.

Air is intellect + intuition. Mind/Body connection. Clarity.

Fire is passion + action oriented. Sensuality + Creation. Outer world.

Water is the emotional body. Feelings + Depth. Inner world.

Earth is our groundedness. Safety + Security. The cave. Hermit.

Ether is spirit. Connections to well Ancestors, to the Void, Great Mystery.

Search for or create physical representations of these Elemental Beings that surprise + delight you. As you craft and work with an Altar in this way, be prepared for a deeper relationship with these energies. You might begin to notice the wind more, crave firelight, walk barefoot, take salt baths + truly commune with the spirit of Great Mystery that is always around us.





Be curious, get creative!

This can be literal or artistically inspired. Altars are a unique way of expressing yourself that aren't meant to be perfect or to stay the same forever! You can not do Altar Crafting wrong (except inviting in spirits that are not helpful!) So allow a sense of wonder to enter into this crafting experience. Keep it simple or wildly innate! Feel the enchantment of choice! Surrender to this practice as a way to make manifest your desires, to bring an outward expression of your internal landscape + as a way to deepen into your own sense of mystery + magic. Altars can be devoted to whatever feels fascinating! Consider incorporating animals, plants, well ancestors, future self, inner child... the list is limited only to your desires + imagination! It is ALL just energy after all.





Keep your Altar as you would any sacred space.

Keep it clean + tidy. Create a ritual around when you craft it + when it is composted or refreshed. For myself, I like to craft my main Altar each Dark Moon (New Moon) and imbue it with my spell or intention for that Moon Cycle. Altars are brilliant ways to create a focal point for the energy of our magical practices! Then daily I visit the Altar, pull a card for that day, mediate or say the mantra of the moon. I will sometimes leave offerings on special days or burn incense each day as I spend a few moments in sacred space. An Altar can be the physical grounding center for any ritual practice. Do yoga before the Altar, or dance! Light a candle + pray before bed at your Altar. Or simply build it each moon + allow it's visuals to steep into your days + influence the subconscious.

When it is time to refresh - bless this Altar + then unmake it with holy tenderness.

Allow some sensations of grief or joy as you release what was. Honor the gifts you received from this singular magical space. I like to journal about what shifted in my consciousness during that Altar iteration + then begin the mental preparations for what the next Altar shall be.



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Enjoy this practice! With time, you will begin to reap the benefits of this simple magic in your life. Ritual adds a lush + regular recognition of the serendipity that is already present in our mundane lives. What we focus on becomes our reality... May your Altar practice help make your life MAGICAL!

Please share with me what you discover on your journey! Or post a picture + tag me @WyldLeeTarot or #wyldaltar

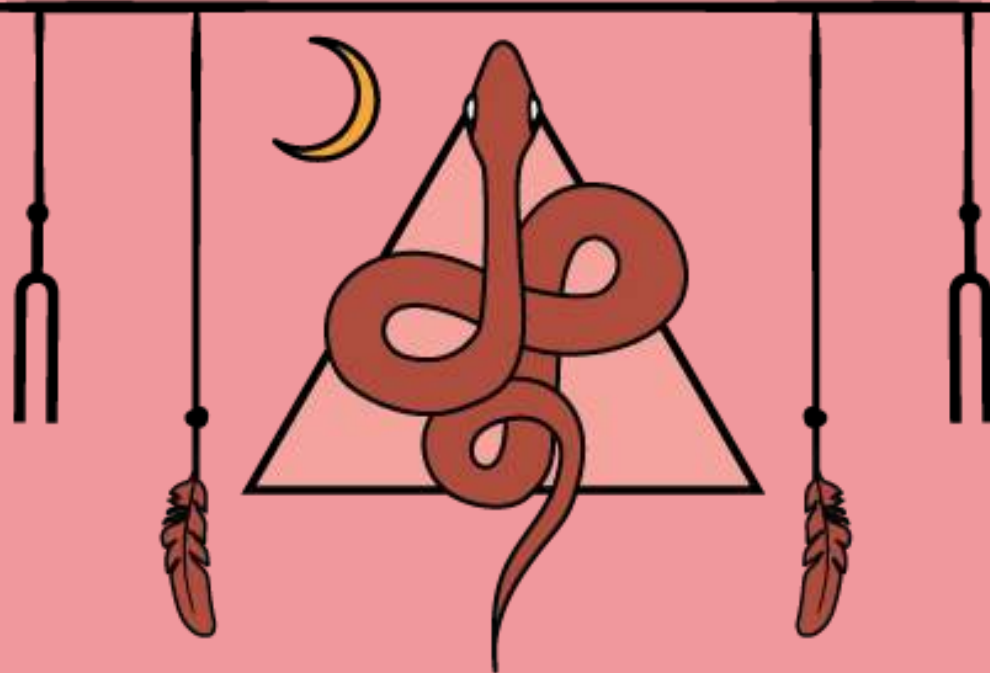
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